

Mawson Telegraph

Hello Spring...



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Hello everyone

Welcome to our Spring newsletter and my introduction as Acting Manager. I thank you all for your wishes and support. Robyn, who you all know, has been with Freeling Holt for many years, has taken over the Admin and Reception role. Lijo has stepped up into the Clinical Manager role and Rhea will now be Deputy Charge Nurse. Angie who works the night shift as a Health Care Assistant and also been at FHH for many years is now in the role of Lifestyle Co-ordinator, but will continue to do a few night shifts as an HCA, please chat to her about what you would like to see in the programme.

Our doors are always open, so feel free to come in and have a chat.

We welcome new staff Lindsay, Albina and Hanna as Health Care Assistants and hope you will make them feel welcome.

Prem our night RN is leaving Auckland and has therefore resigned from FHH. We wish him and his family all the best.

The garden refurbishment programme is in full swing and looking great, thanks to Matt and his team at Format Landscapes.

Take care and be kind always

Till next time,
Vivian and the team.

A little closer to home

We said farewell to Helen who was with us for 11 years and after 48 years of nursing has retired. We will miss her and all she has given Freeling Holt House. We wish her all of the best.



Welcome to our new staff Albina, Hanna and Lindsey

We look forward to getting to know you.



Albina



Hanna



Lindsey

Our Furry Friends

There's no question that therapy animals are some of the world's most unheralded heroes. The ability of other species to help heal their human friends is nothing short of miraculous. And help, they do. From children's hospitals to nursing homes to veteran centers, therapy animals do good works at all kinds of facilities and with all kinds of patients. These relationships benefit the animals and humans, both, and often open people's eyes to the amazing abilities of animals beyond traditional roles as household pets. And today's therapy animals aren't just cats and dogs either.

These medical professionals come in lots of different species these days, from llamas to pigs and beyond. Many of them are rescue pets who come from difficult circumstances or abusive situations, yet they're still able to offer unconditional love, trust, and compassion. Here are stories of some of the world's most amazing therapy animals and how they helped their humans.

Lets meet some of these special animals...

Rojo, Therapy Llama & Napoleon, Therapy Alpaca

Dogs and cats aren't the only critters in the animal therapy game. Just ask the folks at Mtn Peaks Therapy Llamas & Alpacas in Vancouver, Wash. Rojo and Napoleon are getting famous for their frequent visits to local hospitals, rehab facilities, and schools. Nationwide, only 14 llamas are registered as therapy animals, according to Mtn



Mountain Peaks Therapy Llamas & Alpacas.

Peaks, which makes Rojo pretty unique, and the team has made over 800 therapy visits since he was first certified back in 2007.

Oscar, Therapy Cat

Probably the world's most famous therapy cat, Oscar is known for his ability to predict death. He gained fame back in 2007 when he was featured in the New England Journal of Medicine. For years, the four-legged prognosticator has shown an uncanny ability to predict the impending death of terminally ill patients at the Steere House Nursing and Rehabilitation Center in Providence, R.I. He's known for curling up alongside patients and staying with them until they die, offering comfort and love, then quietly leaving the room.



Steere House Nursing and Rehabilitation.

Lexy, German Shepard Therapy Dog

Partner to 82nd Airborne psychiatrist Maj. Christine Rumayor, dedicated Lexy serves her country by supporting members of the military at Fort Bragg. With the rank of lieutenant colonel, she's the fort's only therapy dog. In addition, she's helping to further the cause of pet-supported therapy for soldiers dealing with postwar stress and other trauma. She often allows soldiers to overcome any stigma about seeking treatment.



Michael Koenigs via ABCNews.

Charming Spring

Reminiscent melodies
serenade the morning breeze.

Feathered creatures nest with care
in cherry blossoms pink and fair.

Perfumed scent of roses flow.
Tiny blades of green grass grow.

Misty showers soak the earth,
glorious colors come to birth.

Gathering clouds come and go,
rain, sun, and vibrant bow.

Dainty petals, fancy flair,
dancing in the warm, sweet air.

Violets, yellows, purest white,
graceful, gentle, welcomed sight.

Thank you, oh sweet lovely Spring,
patiently waiting the charms you bring!

Patricia L. Cisco

